The International Congress aims to explore the issues related to well-being and subjective self-enhancement through the description of new approaches of neuro-enhancement and neurorehabilitation applied for strengthening cognitive abilities and emotional regulation processes, in normal (cognitive empowerment) and clinical contexts, such as addiction prevention. The functioning and effects of the use of new protocols will be described by showing how the application of wearable and non-invasive devices is able to detect cortical and physical activity, thus allowing a better regulation of cognitive and emotional behavior and implementation of coping strategies for facing the current life context demands.

The Congress is organized in collaboration with the Research Unit in Affective and Social Neuroscience.

Friday 28th September 2018
Aula G.108 Lazzati, 9.30-13.00
Largo A. Gemelli, 1 - Milano

Information
Congress participation is free. Given the limited number of places, please send an e-mail to subscribe at the following e-mail address: giornata.ricerca@unicatt.it within 25th September, specifying: Name, Surname, Qualification, Affiliation, Telephone number, E-mail address.

The event is part of the training and updating initiatives of the teachers carried out by the universities and automatically recognized by the school administration, according to current legislation, and gives the - for teachers of all levels – to the legal and economic effects of participation to the initiatives of training.

Talks will be in English or Italian, based on speakers’ option.